

# SOUTHWEST SAFARI

## Suggested Packing List (*highly* suggested, actually)

- Refillable water bottle/s (like the Southwest Safari water bottle)
- Rain jacket / windbreaker – with hood, or might want to bring an umbrella
- Shoes for water hike in Zion, if desired – *suggestion: You might want to bring an old pair that you are ready to throw out, and just dispose of them there to lighten your suitcase!*
- Flashlight (especially for use when returning from Delicate Arch—it can be dark by the time we reach the parking lot)
- Electrolyte powder mix (packets) and snacks – nuts, trail mix, raisins, granola/cereal bars
- Sunglasses
- Hat / visor --- And, if you mind the cold weather, gloves (especially for the raft trip and the early morning at Bryce Canyon).
- Chap stick, eye drops, and nasal spray – REMEMBER: the air in this area is extremely dry!
- Backpack / tote bag - and binoculars, if desired
- Sunscreen
- Retractable / collapsible walking stick (so it can fit in your suitcase)
- Camera (Remember to bring extra batteries or a charger)
- Cell phone and charger
- Watch
- **Photo ID!!**
- Swim suit (the hotels have hot tubs and pools - great at day's end!)
- Wet Ones, or hand sanitizer
- Sneakers or walking shoes with *good* tread
- Southwest Safari information

### CLOTHING SUGGESTIONS:

You will not need fancy clothing. (This is not a fashion show!) We suggest that you bring an assortment of layered clothing – short sleeves, long sleeves, and jackets that you can layer for warmth. You will be experiencing temperature differences from a possible low of 27 degrees to a possible high of 80 degrees. Because the weather is extremely dry, the warmer temperatures won't feel oppressive like we experience here in Pa. The nights cool off quickly and it will slowly warm up in the morning. You will want to be prepared for a variety of conditions; however, you probably will be comfortable in long pants, either short- or long-sleeved shirts, a fleece jacket and possibly a wind-breaker type jacket on top. It is nice to have a jacket or two to layer so you can peel them off as you warm up. We are typically comfortable in jeans and t-shirt type tops.

Note: El Tovar is a classic and historic hotel next to the one in which we'll be staying at the Grand Canyon rim. Their restaurant is a bit more formal. If you decide to dine there, you might want to consider bringing a nicer outfit.

DO YOU NEED HIKING BOOTS? No – Hiking boots are heavy and will take up a lot of room in your suitcase. For the hikes that we will be doing, you should be fine with a good, sturdy, supportive pair of sneakers or walking shoes. It is advisable to have good tread on your shoes because of some of the slick rock formations on which we will be walking. The places where there will be the option of "serious" hiking are Zion, Bryce, Arches, and Grand Canyon National Parks. These parks have easier trails, too, of course. The trails in the other parks are more like paths, and much easier.

